



*Linden Hill*  
**STABLES**  
**SAFETY RULES**

As much as we appreciate all of our helpers, our main mission is OUR CHILDREN'S SAFETY!

Helping at the barn is a wonderful opportunity to learn – and it's a huge help to us.

But we can NEVER, EVER forget that **SAFETY COMES FIRST.**

### ***When riding, you must always:***

- Be supervised.
- Wear a properly fitting certified horseback riding helmet, long pants, and shoes with a hard sole and a 1 inch heel. No sneakers or hiking boots
- Walk (no trotting, etc.) around the barn area and to and from the ring whether on foot or mounted on your horse.

### ***When around the horses, you must:***

- NEVER enter a horse's stall without permission – even if he is your own horse!
- NEVER enter the standing stalls where horses are tied without permission
- NEVER enter the standing stall area alone. You must always be accompanied by another when working with the horses in the standing stalls.
- NEVER walk behind a horse.
- Wear shoes that protect your feet. No open toe or open heel shoes.
- Handle, feed (including treats), or pet horses only under supervision by the instructor.
- **NEVER enter a pasture containing horses.**
- Avoid carrying loose items that may fall or blow away or flap in the wind or bounce or make sharp or loud noises.
- Use hand sanitizer or wash your hands with soap after handling the horses and pets.

### ***When around the barn, you must always:***

- Be kind to ALL, especially younger children.
- Look both ways before crossing through any doorway.
- Return all barn items to proper place before leaving.
- Be helpful and respectful to everyone in the barn (instructors, adults, and other children).
- Use your manners (Yes ma'am and No Ma'am. Please and Thank you)

### ***When at Linden Hill Stables:***

- **Always look both ways before crossing through any door way.**
- **NEVER run or yell.**
- **Parents, sitters or family members must keep siblings in their care while watching lessons.**
- **Leave bicycles, scooters, noisy toys and pets at home.**
- **Smoking and open flames are prohibited anywhere on the farm-PERIOD.**

## ***PASTURE SAFETY AND RULES!***

### ***(Only for riders on MISS LISA's APPROVED PASTURE LIST)***

- One helper must hold a whip and be the spotter. The spotter's job is to scare away all horses that might get in the way or hurt a helper who is haltering a horse. A spotter scans the pasture at all times to protect the helper haltering the horse.
- When the spotter deems it safe, the other helper may then approach the horse to be haltered, slip the rope around its neck, and then pull the halter over the horse's ears.
- It is the responsibility of BOTH the spotter and the horse catcher to watch ALL other horses in the pasture and beware. WE NEVER APPROACH A HORSE THAT IS SURROUNDED BY OTHER HORSES. WE ALWAYS USE OUR WHIP TO SCARE OFF THE OTHER HORSES SO THAT WE MAY APPROACH SAFELY.
- We never approach the gate to leave the pasture until the spotter has cleared the area of ALL horses.
- All gates must be closed and latched after leaving the pasture.
- NEVER enter the pasture while the horses are being fed.
- **And finally, WE MAY NEVER ENTER A PASTURE WITHOUT THE EXPLICIT PERMISSION OF A LHS INSTRUCTOR/EMPLOYEE. NO HELPERS MAY SEND OTHER HELPERS INTO A PASTURE. OUR HELPERS SHOULD ONLY TAKE DIRECTION FROM A LHS INSTRUCTOR/EMPLOYEE.**

## ***LHS Barn Helper Chores***

- Make sure that all horses are ready before their lesson-correct bridle and saddle. Be aware of any saddle changes that may take place throughout the day! This includes ALL of the instructors' horses!!!!
- Scoop manure at every opportunity throughout the day.
- Make sure that outside water troughs are full.
- It is much more efficient to get the horses ready if the tack room/area is clean and organized. As the day goes on, neatly place equipment in its proper place and straighten up the room if you see that anything is out of place.
- Sweaty saddle pads are to be placed wet-side up on the saddle racks to air out.
- At the end of the lesson day, all manure must be cleaned out of all of the stalls, all equipment put away in its proper place, water buckets are to be dumped out, and tack room/area is to be straightened up.
- Make sure that you check the Lesson Horse list on the white board to make sure if there are any specific instructions for the turn-out of a horse and the correct field. IF IN DOUBT- ASK.

### **BEFORE LEAVING EVERY NIGHT:**

- Sweep the Tack Area in Lesson (Small Red) Barn.
- Sweep the LHS Office.
- Pick up all trash
- Empty ALL trash cans (Office, Red Barn)